

Devotional Series for Church

全教会的灵修系列

60 days devotional for Healthy L.I.F.E in and through our
Head, Heart and Hands throughout the Book of Romans

罗马书灵修60天，旨在通过身心脑合一，并且身体力行，活出健康。



so in Christ we, though many, form one
body, and each member belongs to all
the others.

Romans 12:5

Day 1: Romans 1:1-7

- Listen to the Word: Begin by reading Paul's introduction, acknowledging his identity as a servant of Christ.
- Investigate the Word: Investigate the concept of being a servant of Christ and how it relates to your own identity.
- Fellowship in the Word: Discuss with fellow believers the significance of identifying as servants of Christ in today's context.
- Encourage with the Word: Encourage someone to embrace their identity as a servant of Christ, emphasizing the honor and purpose it brings.

第一天：罗马书 1:1-7

- 听道：首先阅读保罗的引言，认识他作为基督仆人的身份。
- 查经：探究何为基督仆人以及与你自己的身份有怎样的关系。
- 团契：与信徒同工一起讨论在现今世界认定自己为基督仆人的重要性。
- 鼓励：鼓励他人接受他们作为基督仆人的身份，强调它带来的荣耀和目的。

Day 2: Romans 1:8-15

- Listen to the Word: Pay attention to Paul's expressions of thankfulness and desire to visit the Romans.
- Investigate the Word: Investigate the importance of expressing gratitude and maintaining a desire for fellowship.
- Fellowship in the Word: Discuss with others the impact of gratitude and the desire for mutual encouragement in building strong Christian communities.
- Encourage with the Word: Encourage someone by expressing gratitude for their role in your life and sharing verses on the power of thankfulness.

第二天：罗马书 1:8-15

- 听道：留意保罗所表达的感激之情及拜访罗马的渴望。
- 查经：探究表达感激之情和保持团契渴望的重要性。
- 团契：与人讨论感恩的心和渴望相互鼓励对于建立强大的基督教社区的影响力。
- 鼓励：对他人在你生命中所扮演的角色表达感恩，并分享有关感恩的力量的经文。

Day 3: Romans 1:16-17

- Listen to the Word: Reflect on the power of the Gospel as the source of salvation.
- Investigate the Word: Investigate how faith plays a central role in salvation through the Gospel.
- Fellowship in the Word: Discuss with others the transformative impact of the Gospel and how it unites believers.
- Encourage with the Word: Encourage someone by sharing verses that highlight the life-changing power of the Gospel.

第三天：罗马书 1:16-17

- 听道：反思福音作为救赎之源的力量。
- 查经：探究信心在福音救赎中发挥的核心作用。
- 团契：与人分享福音对生命改变的影响力，及信徒如何合一。
- 鼓励：通过分享强调福音改变生活的力量的经文来鼓励某人。

Day 4: Romans 1:18-25

- Listen to the Word: Reflect on the consequences of suppressing the truth about God.
- Investigate the Word: Investigate the dangers of suppressing God's truth and the impact on one's understanding of identity and belonging.
- Fellowship in the Word: Discuss with others the importance of acknowledging God's truth and its influence on our lives.
- Encourage with the Word: Encourage someone to seek and embrace God's truth, emphasizing the freedom and clarity it brings.

第四天：罗马书 1:18-25

- 听道：反思压制有关神的真理的后果。
- 查经：探究压制神真理的危险性及一个人明白其身份和归属感的影响力。
- 团契：与人讨论承认神真理的重要性及其对我们生命的影响。
- 鼓励：鼓励他人寻求并接受神的真理，强调它所带来的自由和清新。

Day 5: Romans 1:26-32

- Listen to the Word: Pay attention to Paul's description of the consequences of rejecting God's design.
- Investigate the Word: Investigate the impact of rejecting God's design on personal and community well-being.
- Fellowship in the Word: Discuss with others the societal implications of deviating from God's design and the call to uphold biblical principles.
- Encourage with the Word: Encourage someone to pursue God's design for their life, sharing verses that affirm the beauty of His creation.

第五天：罗马书 1:26-32

- 听道：留意保罗对拒绝神的计划的后果的描述。
- 查经：探究拒绝神的计划对个人及其社区群体健康生活的影响。
- 团契：与人讨论偏离神的计划的群体影响以及坚持圣经原则的呼召。
- 鼓励：鼓励他人追寻神对他的生命的计划，分享神创造之美的经文。

Day 6: Romans 2:1-5

- Listen to the Word: Reflect on the danger of passing judgment and the importance of God's kindness.
- Investigate the Word: Investigate the role of kindness and repentance in avoiding judgment.
- Fellowship in the Word: Discuss with others the challenges of avoiding judgment and the transformative power of repentance.
- Encourage with the Word: Encourage someone to embrace kindness and repentance, sharing verses that highlight God's mercy.

第六天：罗马书 2:1-5

- 听道：反思论断人的危险性以及神的恩慈的重要性。
- 查经：探究在避免论断人时，恩慈和悔改扮演的角色。
- 团契：与人讨论避免论断人的挑战，以及悔改的变革力量。
- 鼓励：鼓励他人接纳恩慈和悔改，分享强调神的怜悯的经文。

Day 7: Romans 2:6-11

- Listen to the Word: Pay attention to Paul's explanation of God's righteous judgment.
- Investigate the Word: Investigate the principles of God's righteous judgment and its implications for believers.
- Fellowship in the Word: Discuss with others the comfort found in God's righteous judgment and the responsibility it brings.
- Encourage with the Word: Encourage someone to trust in God's righteous judgment, emphasizing His fairness and justice.

第 7 天：罗马书 2:6-11

- 听道：留意保罗对神公义审判的解释。
- 查经：探究神公义审判的原则及其对信徒的影响。
- 团契：与人讨论神公义审判所带来的安慰和由之而来的责任。
- 鼓励：鼓励他人相信神公义的审判，强调神的公义。

Day 8: Romans 2:12-16

- Listen to the Word: Reflect on Paul's explanation of judgment based on the law and conscience.
- Investigate the Word: Investigate the role of the law and conscience in shaping our understanding of right and wrong.
- Fellowship in the Word: Discuss with others the balance between the law and conscience in guiding our actions.
- Encourage with the Word: Encourage someone to seek guidance from both God's law and their conscience, sharing verses that emphasize their complementary roles.

第 8 天：罗马书 2:12-16

- 听道：反思保罗基于律法和良知对审判的解释。
- 查经：探究律法和良知在塑造我们对是非的理解中的角色。
- 团契：与人讨论指导我们行为背后律法与良知之间的平衡。
- 鼓励：鼓励他人从神的律法和他们良知上得引导，并分享强调二者可以互补的经文。

Day 9: Romans 2:17-24

- Listen to the Word: Pay attention to Paul's critique of hypocrisy and the importance of living according to God's standards.
- Investigate the Word: Investigate the dangers of hypocrisy and the impact on one's witness for Christ.
- Fellowship in the Word: Discuss with others the challenges of living authentically and the positive impact it can have on the Christian community.
- Encourage with the Word: Encourage someone to embrace authenticity in their faith, sharing verses that emphasize the importance of genuine living.

第 9 天：罗马书 2:17-24

- 听道：留意保罗对伪善的批评以及按神的标准生活的重要性。
- 查经：探究伪善的危险以及对其为基督见证的影响。
- 团契：与人讨论真实生活中的挑战及其对基督徒群体的正面影响。
- 鼓励：鼓励他人接受真实的信仰，分享强调真实生活重要性的经文。

Day 10: Romans 2:25-29

- Listen to the Word: Reflect on Paul's emphasis on true circumcision of the heart.
- Investigate the Word: Investigate the concept of circumcision of the heart and its significance in the New Testament.
- Fellowship in the Word: Discuss with others the transformative power of a circumcised heart in one's relationship with God.
- Encourage with the Word: Encourage someone to pursue a genuine relationship with God, emphasizing the importance of a circumcised heart.

第 10 天：罗马书 2:25-29

- 听道：反思保罗对真正内心的割礼的重视。
- 查经：探究新约对内心的割礼的概念和意义。
- 团契：与他人讨论一颗受割礼之心在与神的关系中所带来的变革力量。
- 鼓励：鼓励他人追求与神建立真正的关系，强调一颗受割礼之心的重要性。

Day 11: Romans 3:1-8

Listen to the Word: Reflect on Paul's discussion of the advantage of being entrusted with the oracles of God.

Investigate the Word: Investigate the responsibilities that come with being entrusted with God's truth.

Fellowship in the Word: Discuss with others the privilege and accountability of having access to God's truth.

Encourage with the Word: Encourage someone to steward God's truth faithfully, sharing verses that emphasize the responsibility of sharing His Word.

第 11 天：罗马书 3:1-8

- 听道：反思保罗所讨论的关于神把要对世人讲的话交托给你能为你带来的优势和好处。
- 查经：探究被托付于神的真理所带来的责任。
- 团契：与他人讨论由于接触到神的真理而享有的特权和应负担的责任。
- 鼓励：鼓励他人忠实地管理神的真理。圣经中有很多经文都在强调分享神的话语的重要性，把这些经文告诉你身旁的人。

Day 12: Romans 3:9-20

- Listen to the Word: Pay attention to Paul's declaration of universal sinfulness and the need for justification.
- Investigate the Word: Investigate the concept of justification and its role in addressing our sinfulness.
- Fellowship in the Word: Discuss with others the commonality of sin and the transformative power of God's justification.
- Encourage with the Word: Encourage someone to find hope in God's justification, sharing verses that highlight His grace and mercy.

第 12 天：罗马书 3:9-20

- 听道：留意保罗的宣告：那就是世人都有罪，以及世人都需要有人替自己的所作所为作出辩护（称义）。
- 查经：查考“称义”的概念，以及它针对我们的罪性所扮演的角色。
- 团契：与他人讨论罪的共通性，以及神的称义具有更新的力量。
- 鼓励：鼓励他人在神的称义中找到希望。圣经中有很多经文都在强调神的恩典和怜悯，把这些经文告诉你身旁的人。

Day 13: Romans 3:21-26

- Listen to the Word: Reflect on Paul's proclamation of justification through faith in Jesus Christ.
- Investigate the Word: Investigate the foundational principles of justification by faith and its implications for believers.
- Fellowship in the Word: Discuss with others the liberating nature of justification by faith and its impact on the Christian walk.
- Encourage with the Word: Encourage someone to trust in the transformative power of justification through faith, sharing verses that affirm God's redemptive work.

第 13 天：罗马书 3:21-26

- 听道：反思保罗的宣告：那就是因信耶稣基督而称义。
- 查经：查考因信称义的基本原则，以及它对信徒的影响。
- 团契：与他人讨论因信称义具有解放的性质，以及它对基督徒日常生活的影响。
- 鼓励：鼓励他人相信因信称义的更新能力。圣经中有很多经文都在肯定神救赎的工作，把这些经文告诉你身旁的人。

Day 14: Romans 3:27-31

- Listen to the Word: Pay attention to Paul's emphasis on justification by faith apart from works of the law.
- Investigate the Word: Investigate the significance of being justified by faith apart from relying on personal works.
- Fellowship in the Word: Discuss with others the freedom found in justification by faith and the importance of relying on God's grace.
- Encourage with the Word: Encourage someone to rest in the simplicity of justification by faith, sharing verses that emphasize the grace-based nature of this justification.

第 14 天：罗马书 3:27-31

- 听道：留意保罗强调因信称义，与律法的行为无关。
- 查经：探究因信称义的重要性，而不是依赖个人所做的工。
- 团契：与他人讨论因信称义而获得的自由，以及依靠神的恩典的重要性。
- 鼓励：鼓励他人安息在朴素的因信称义中。圣经中有很多经文都在强调这种称义具有恩典的性质，把这些经文告诉你身旁的人。

Day 15: Romans 4:1-8

- Listen to the Word: Reflect on Abraham's example of faith leading to righteousness.
- Investigate the Word: Investigate the role of faith in the imputation of righteousness.
- Fellowship in the Word: Discuss with others the significance of faith in our journey toward righteousness.
- Encourage with the Word: Encourage someone to place their faith in God, sharing verses that emphasize the righteousness obtained through faith.

第 15 天：罗马书 4:1-8

- 听道：反思亚伯拉罕的榜样，他因着信而被神称为义人。
- 查经：探究信心在归义中所扮演的角色。
- 团契：与他人讨论在我们成为义人的过程中，信心所发挥的重要性。
- 鼓励：鼓励他人把信心寄放在神身上。圣经中有很多经文都在强调因着信而成为义人，把这些经文告诉你身旁的人。

Day 16: Romans 4:9-15

- Listen to the Word: Pay attention to the connection between faith and the promise in Abraham's life.
- Investigate the Word: Investigate the impact of faith on our inheritance of God's promises.
- Fellowship in the Word: Discuss with others the connection between faith and the fulfilment of God's promises.
- Encourage with the Word: Encourage someone to trust in God's promises with unwavering faith, sharing verses that highlight the reliability of His word.

第 16 天：罗马书 4:9-15

- 听道：留意亚伯拉罕生命中信心与应许之间的联系。
- 查经：探究信心对我们继承神应许的影响。
- 团契：与他人讨论信心与达成神的应许之间的联系。
- 鼓励：鼓励他人以坚定的信心相信神的应许。圣经中有很多经文都在强调神的话语是可靠的，把这些经文告诉你身旁的人。

Day 17: Romans 4:16-25

- Listen to the Word: Reflect on the idea that faith brings righteousness and the fulfilment of God's promises.
- Investigate the Word: Investigate the connection between faith, righteousness, and the fulfilment of God's promises.
- Fellowship in the Word: Discuss with others the transformative power of faith and its impact on our relationship with God.
- Encourage with the Word: Encourage someone to hold onto their faith with hope, sharing verses that emphasize the assurance found in trusting God's promises.

第 17 天：罗马书 4:16-25

- 听道：反思"因信称义，完成神的应许"这一观点。
- 查经：探究信心、公义，以及完成神的应许之间的联系。
- 团契：与他人讨论信心的更新力量，以及它如何影响到我们与神之间的关系。
- 鼓励：鼓励他人满怀希望地坚持自己的信心。圣经中有很多经文都在强调信靠神的应许所带来的保证，把这些经文告诉你身旁的人。

Day 18: Romans 5:1-5

- Listen to the Word: Pay attention to the peace, access, and hope brought by justification through faith.
- Investigate the Word: Investigate the profound impact of justification through faith on our relationship with God.
- Fellowship in the Word: Discuss with others the peace, access, and hope that come from justification through faith.
- Encourage with the Word: Encourage someone to find peace and hope in their relationship with God through justification, sharing verses that highlight the blessings of faith.

第 18 天：罗马书 5:1-5

- 听道：留意因信称义所带来的平安、通达和盼望。
- 查经：探究因信称义如何大大的影响我们与神之间的关系。
- 团契：与他人讨论因信称义所带来的平安、通达和盼望。
- 鼓励：鼓励他人通过称义，再从我们和神之间的关系中去寻找平安和希望。圣经中有很多经文都在强调信心附带的祝福，把这些经文告诉你身旁的人。

Day 19: Romans 5:6-11

- Listen to the Word: Reflect on the depth of God's love expressed through Christ's sacrifice.
- Investigate the Word: Investigate the transformative power of God's love in our lives.
- Fellowship in the Word: Discuss with others the impact of God's love on our identity and relationship with Him.
- Encourage with the Word: Encourage someone to embrace the profound love of God, sharing verses that emphasize the sacrificial nature of Christ's love.

第 19 天：罗马书 5:6-11

- 听道：反思神借着基督的牺牲所表达出来的爱有多深。
- 查经：查考因神之爱所产生更新的力量蕴含在我们生命中。
- 团契：与他人讨论神的爱所带来的冲击如何影响到我们自身的身份，以及如何影响到我们和神之间的关系。
- 鼓励：鼓励他人接受神长阔高深的爱。圣经中有很多经文都在强调基督之爱具有牺牲的含义，把这些经文告诉你身旁的人。

Day 20: Romans 5:12-21

- Listen to the Word: Pay attention to the comparison between Adam's sin and Christ's righteousness.
- Investigate the Word: Investigate the theological implications of Adam's sin and Christ's redemption.
- Fellowship in the Word: Discuss with others the concept of imputed righteousness and its impact on our understanding of salvation.
- Encourage with the Word: Encourage someone by sharing verses that highlight the abundance of grace and righteousness available through Christ.

第 20 天：罗马书 5:12-21

- 听道：留意两者之间的对比：亚当的罪和基督的义。
- 查经：探究亚当的罪和基督的救赎在神学上的意义。
- 团契：与他人讨论耶稣将祂身上的义转给我们的概念，以及它对我们理解救赎的影响。
- 鼓励：圣经中有很多经文都在强调透过基督，我们能获得的丰盛恩典和公义，用这些经文来鼓励你身旁的人。

Day 21: Romans 6:1-14

- Listen to the Word: Reflect on the call to walk in newness of life and the significance of being dead to sin.
- Investigate the Word: Investigate the practical aspects of living a life dead to sin and alive to God.
- Fellowship in the Word: Discuss with others the challenges and rewards of living a life transformed by Christ.
- Encourage with the Word: Encourage someone to embrace the transformative power of Christ's resurrection in their daily life, sharing verses that emphasize the freedom from sin.

第 21 天：罗马书 6:1-14

- 听道：反思在新生命中行走的呼召以及向罪死的意义。
- 查经：探究向罪死、向神活的生命的实际意义。
- 团契：与他人讨论活出被基督改变的生命所面临的挑战和收获。
- 鼓励：鼓励他人在日常生活中接受基督复活的改变力量，分享强调从罪中得自由的经文。

Day 22: Romans 6:15-23

- Listen to the Word: Pay attention to the concept of slavery to sin versus slavery to righteousness.
- Investigate the Word: Investigate the implications of being slaves to righteousness and the freedom it brings.
- Fellowship in the Word: Discuss with others the contrast between serving sin and serving righteousness.
- Encourage with the Word: Conclude the devotional series by Encourage someone to live as a slave to righteousness, sharing verses that emphasize the eternal life found in Christ.

第 22 天：罗马书 6:15-23

- - 听道：留意罪的奴仆与义的奴仆的概念。
- - 查经：探究成为义的奴仆的意义及其带来的自由。
- - 团契：与他人讨论侍奉罪与侍奉义之间的对比。
- - 鼓励：鼓励他人成为义的奴仆，分享强调在基督里找到的永生的经文。

Day 23: Romans 7:1-6

- Listen to the Word: Reflect on Paul's analogy of being released from the law through death.
- Investigate the Word: Investigate the metaphorical death to the law and its implications for believers.
- Fellowship in the Word: Discuss with others the freedom from legalism and the transformative power of grace.
- Encourage with the Word: Encourage someone to embrace the liberty found in Christ, sharing verses that highlight freedom from legalistic burdens.

第 23 天：罗马书 7:1-6

- 听道：反思保罗关于在律法上死并脱离的比喻。
- 查经：探究在律法上死的隐喻及其对信徒的影响。
- 团契：与他人讨论脱离律法主义的自由和恩典的改变力量。
- 鼓励：鼓励他人拥抱基督里的自由，分享强调摆脱律法束缚的经文。

Day 24: Romans 7:7-12

- Listen to the Word: Pay attention to Paul's discussion on the relationship between the law and sin.
- Investigate the Word: Investigate the role of the law in revealing sin and the need for grace.
- Fellowship in the Word: Discuss with others the balance between the law's revelation of sin and the grace that overcomes it.
- Encourage with the Word: Encourage someone to appreciate the purpose of the law in revealing the need for God's grace, sharing verses that emphasize the transformative power of grace.

第 24 天：罗马书 7:7-12

- 听道：留意保罗关于律法与罪之间关系的论述。
- 查经：探究律法在揭示罪和对恩典的需要方面的作用。
- 团契：与他人讨论律法揭示罪与战胜罪的恩典之间的平衡。
- 鼓励：鼓励他人理解律法在揭示对神恩典的需要方面的目的，分享强调恩典改变能力的经文。

Day 25: Romans 7:13-25

- Listen to the Word: Reflect on Paul's struggle with sin and the tension between the desire to do good and the struggle with sin.
- Investigate the Word: Investigate the human struggle with sin and the need for reliance on God's grace.
- Fellowship in the Word: Discuss with others the commonality of the struggle with sin and the importance of relying on God's grace.
- Encourage with the Word: Encourage someone going through a spiritual struggle by sharing verses that emphasize God's grace and the transformative power of His Spirit.

第 25 天 罗马书 7:13-25

- 听道：反思保罗与罪的斗争，以及行善的意愿与罪的斗争之间的矛盾。
- 查经：探究人类与罪的斗争以及对神恩典的依赖。
- 团契：与他人讨论与罪斗争的共性以及依靠神恩典的重要性。
- 鼓励：通过分享强调神的恩典和圣灵改变能力的经文来鼓励正在经历属灵挣扎的人。

Day 26: Romans 8:1-11

- Listen to the Word: Pay attention to the proclamation of no condemnation for those in Christ and the role of the Spirit in overcoming sin.
- Investigate the Word: Investigate the freedom from condemnation and the transformative work of the Holy Spirit in believers.
- Fellowship in the Word: Discuss with others the security found in Christ and the importance of yielding to the Spirit's guidance.
- Encourage with the Word: Encourage someone struggling with condemnation by sharing verses that affirm their security in Christ and the transformative power of the Holy Spirit.

第 26 天 罗马书 8:1-11

- 听道：留意“在基督里的人不被定罪”的宣告以及圣灵在战胜罪上的作用。
- 查经：探究免于定罪的自由和圣灵在信徒身上的改变性工作。
- 团契：与他人讨论在基督里找到的安全感以及顺服圣灵引导的重要性。
- 鼓励：通过分享关于肯定他们在基督里的安全感和圣灵改变能力的经文，来鼓励在定罪中挣扎的人。

Day 27: Romans 8:12-17

- Listen to the Word: Reflect on the identity as children of God and the inheritance through the Spirit.
- Investigate the Word: Investigate the concept of being heirs with Christ and the implications for believers.
- Fellowship in the Word: Discuss with others the significance of being children of God and the shared inheritance with Christ.
- Encourage with the Word: Encourage someone to embrace their identity as a child of God, sharing verses that affirm the security and inheritance found in Christ.

第 27 天 罗马书 8:12-17

- 听道：反思作为神儿女的身份和通过圣灵所得到的基业。
- 查经：探究与基督同作后嗣的概念及其对信徒的影响。
- 团契：与他人讨论作为神儿女的意义以及与基督共得基业的意义。
- 鼓励：鼓励他人接受自己作为神儿女的身份，分享在基督里找到确定的安全感和基业的经文。

Day 28: Romans 8:18-30

- Listen to the Word: Pay attention to the groaning of creation and the hope of future glory.
- Investigate the Word: Investigate the connection between present suffering, future glory, and the role of the Holy Spirit.
- Fellowship in the Word: Discuss with others the hope found in the midst of trials and the assurance of God's redemptive plan.
- Encourage with the Word: Encourage someone facing challenges by sharing verses that highlight the hope of future glory and the comforting presence of the Holy Spirit.

第 28 天：罗马书 8:18-30

- 听道：留意受造物的叹息和对未来荣耀的盼望。
- 查经：探究现今的苦难、未来的荣耀和圣灵的作用之间的联系。
- 团契：与他人讨论在试炼中发现的希望和神救赎计划的保证。
- 鼓励：通过分享彰显未来荣耀的盼望和圣灵的安慰的经文来鼓励面临挑战的人。

Day 29: Romans 8:31-39

- Listen to the Word: Reflect on the assurance of God's love and the unbreakable bond with Christ.
- Investigate the Word: Investigate the security found in God's love and the unwavering commitment of Christ.
- Fellowship in the Word: Discuss with others the profound assurance of God's love and the enduring relationship with Christ.
- Encourage with the Word: Encourage someone to rest in the unshakeable love of God and the eternal bond with Christ, sharing verses that emphasize this assurance.

第 29 天: 罗马书 8:31-39

- 听道：反思神的爱的保证以及与基督之间牢不可破的联系。
- 查经：探究在神的爱和基督坚定不移的承诺中找到的安全感。
- 团契：与他人讨论神的爱和与基督持久关系的深远保证。
- 鼓励：鼓励他人安息在神不可动摇的爱和与基督永恒的关系中，分享强调这一保证的经文。

Day 30: Romans 9:1-5

- Listen to the Word: Reflect on Paul's heartfelt anguish for the salvation of his fellow Israelites.
- Investigate the Word: Investigate the depth of Paul's concern and the tension between God's promises and Israel's current state.
- Fellowship in the Word: Discuss with others the emotional dimension of Paul's plea and the burden for the salvation of loved ones.
- Encourage with the Word: Encourage someone who shares a burden for the salvation of others, sharing verses that underscore the power of intercessory prayer and compassionate concern.

第 30 天：罗马书 9:1-5

- 听道：反思保罗为以色列同胞得救而发自内心的痛苦。
- 查经：探究保罗忧虑的深度以及神的应许与以色列现状之间的矛盾。
- 团契：与他人讨论保罗恳求的情感层面，以及对亲人得救的负担。
- 鼓励：鼓励为他人得救而有负担的人，分享强调代祷和同情的力量的经文。

Day 31: Romans 9:6-13

- Listen to the Word: Pay attention to Paul's exploration of God's sovereign choice in the lineage of Isaac and Jacob.
- Investigate the Word: Investigate the theological implications of God's sovereign choice and the concept of election.
- Fellowship in the Word: Discuss with others the mystery of divine election and its role in shaping God's redemptive plan.
- Encourage with the Word: Encourage someone to find assurance in God's sovereign plan, sharing verses that emphasize the transformative power of divine election.

第31天：罗马书9:6-13

- 听道：留意保罗对神如何从以撒和雅各家族谱系里拣选子民的描述。
- 查经：探究神拣选呼召的方式和神选子民概念在神学上的影响。
- 团契：与他人讨论上帝圣选的秘密及其在塑造上帝救赎计划中的作用。
- 鼓励：鼓励他人在神的救赎计划中找到确信，分享强调圣选强大的转化力量的经文。

Day 32: Romans 9:14-18

- Listen to the Word: Reflect on the tension between God's mercy and justice in response to Pharaoh's hardened heart.
- Investigate the Word: Investigate the balance between God's mercy and human responsibility in the context of salvation.
- Fellowship in the Word: Discuss with others the complexities of God's response to human choices and the profound nature of His mercy.
- Encourage with the Word: Encourage someone to trust in the fairness of God's judgments, to seek God's mercy and to respond to His calling, sharing verses that emphasize the opportunity for salvation.

第32天：罗马书9:14-18

- 听道：反思神对法老心硬的回应中怜悯与公义的紧张关系。
- 查经：在救赎背景下探究神的怜悯与人的责任之间的平衡。
- 团契：与他人讨论神对人类选择所做回应的复杂性以及神的怜悯本质。
- 鼓励：鼓励他人信任上帝审判的公平性，寻求神的怜悯并回应祂的呼召，分享强调救赎计划之更新力量的经文。

Day 33: Romans 9:19-29

- Listen to the Word: Pay attention to Paul's discussion on God's authority to shape vessels for honourable or dishonourable use.
- Investigate the Word: Investigate the concept of God's authority in shaping individuals for specific purposes.
- Fellowship in the Word: Discuss with others the transformative power of yielding to God's authority in shaping one's purpose.
- Encourage with the Word: Encourage someone to surrender to God's authority in their life, sharing verses that highlight the beauty of being shaped by the Master Potter.

第33天：罗马书9:19-29

- 听道：留意保罗对神塑造尊贵或卑贱器皿权柄的讨论。
- 查经：探究神的权柄在塑造个体特定目的中起到的作用。
- 团契：与他人讨论顺服神的权柄在塑造目的中发挥的转化力量。
- 鼓励：鼓励他人在生命中顺服神的权柄，分享强调主塑造之美的经文。

Day 34: Romans 9:30-33

- Listen to the Word: Reflect on the contrast between pursuing righteousness through the law and receiving it by faith.
- Investigate the Word: Investigate the theological shift from works-based righteousness to faith-based righteousness.
- Fellowship in the Word: Discuss with others the transformative power of embracing righteousness through faith and the freedom it brings.
- Encourage with the Word: Encourage someone to trust in the righteousness offered through faith, sharing verses that highlight the transformative nature of this shift in perspective.

第34天：罗马书9:30-33

- 听道：反思追求律法的义和因信称义的对比。
- 查经：探究因行为称义到因信称义的神学转变。
- 团契：与他人讨论因信称义带来的转化力量和自由。
- 鼓励：鼓励某人相信因信称义，分享观念转变能带来更新的相关经文。

Day 35: Romans 9:14-33

- Listen to the Word: Pay attention to Paul's conclusion on the Gentiles obtaining righteousness by faith.
- Investigate the Word: Investigate the universality of God's call to both Jews and Gentiles for salvation.
- Fellowship in the Word: Discuss with others the inclusivity of God's plan and the shared inheritance for believers.
- Encourage with the Word: Encourage someone to embrace the universal call to salvation, sharing verses that emphasize the all-encompassing nature of God's redemptive plan.

第35天：罗马书9:14-33

- 听道：留意保罗对外邦人因信称义的结论。
- 查经：探究神呼召犹太人和外邦人得救的普遍性。
- 团契：与他人讨论神的计划的包容性以及信徒共同的产业。
- 鼓励：鼓励他人接受神的救赎，分享强调神的救赎计划的全面性的经文。

Day 36: Romans 10:1-15

- Listen to the Word: Pay attention to Paul's desire for Israel's salvation and the importance of proclaiming the gospel.
- Investigate the Word: Investigate the urgency of proclaiming the gospel for salvation and the role of faith.
- Fellowship in the Word: Discuss with others the significance of actively sharing the gospel and the transformative power of faith.
- Encourage with the Word: Encourage someone to boldly proclaim the gospel and trust in the power of faith, sharing verses that emphasize the impact of sharing the good news.

第36天：罗马书10:1-15

- 听道：留意保罗对以色列得救的渴望以及传扬福音的重要性。
- 查经：探究传扬福音对得救的紧迫性和信心的角色。
- 团契：与他人讨论积极传扬福音的意义以及信心的转化力量。
- 鼓励：鼓励他人大胆传扬福音并相信信心的大能，分享强调分享好消息的影响力的经文。

Day 37: Romans 10:16-21

- Listen to the Word: Reflect on the response to the gospel message and the relationship between faith and hearing.
- Investigate the Word: Investigate the dynamics of faith and hearing in responding to the gospel message.
- Fellowship in the Word: Discuss with others the factors that influence people's response to the gospel and the importance of persistent proclamation.
- Encourage with the Word: Encourage someone to continue sharing the gospel with perseverance, sharing verses that highlight the transformative power of persistent faith.

第37天：罗马书10:16-21

- 听道：反思对福音的回应以及信道与听道之间的关系。
- 查经：探究在回应福音中信道与听道之间的互动关联。
- 团契：与他人讨论影响人们对福音回应的因素以及持续传讲的重要性。
- 鼓励：鼓励他人坚持不懈地分享福音，分享强调持续信心的经文。

Day 38: Romans 11:1-10

- Listen to the Word: Pay attention to Paul's reflection on the remnant chosen by grace and the concept of a hardened Israel.
- Investigate the Word: Investigate the balance between divine election and human response in the context of salvation.
- Fellowship in the Word: Discuss with others the mystery of divine election and the implications for believers.
- Encourage with the Word: Encourage someone to trust in God's mysterious ways and respond to His grace, sharing verses that affirm the transformative power of divine election.

第38天：罗马书11:1-10

- 听道：留意保罗对蒙恩选的余民和以色列硬心概念的反思。
- 查经：在救赎的背景下研究拯救中神的拣选和人类回应之间的平衡。
- 团契：与他人讨论神拣选子民的奇妙以及对信徒的影响。
- 鼓励：鼓励他人信任神的奇妙并回应祂的恩典，分享强调神圣拣选呼召的转化力量的经文。

- Romans 15:5-6 – Unity in Christ, belonging to inclusive love. Delve into the doctrinal call to bear with the weaknesses of others for the sake of unity. Reflect on the doctrinal mission of Paul to preach the Gospel where Christ has not been named. Explore the doctrinal importance of prayer and the role it plays in Paul's ministry.
- 罗马书 15: 5-6 在基督里合一，归属包容的爱。探究为合一彼此包容软弱的教义呼召。反思保罗的教义使命，到不认识基督的名的地方传福音。探究祷告教义的重要性及在保罗事工中扮演的角色。
- Romans 16:16 – Belong in Christ, the commendation and recognition within the body of Christ. Reflect on the doctrine of recognizing and appreciating fellow workers in the Kingdom of God. Examine the doctrinal warning against divisions and causing obstacles contrary to sound doctrine.
- 罗马书 16: 16 - 归属基督，在基督身子的赞美和认可。反思在神的国承认和欣赏同工们的教义。查考对分裂和警告造成绊倒的教义。

Devotion: In Christ We Belong (reflect on what Christ has done for you in your life and write down what you are grateful for)

奉献：我们属基督（反思基督在你的生命中为你所做的一切，并写下你感恩的事情）

- Romans 1 - Reflect on the privilege of belonging to Christ and the purpose it brings to our lives.
• 罗马书1 - 反思属基督这一特权，它给我们生命带来的目的。
- Romans 2: Consider the depth of spiritual belonging and the transformative power of God's Spirit. Cultivate devotion by understanding the importance of a transformed heart over external rituals. Also cultivate devotion by acknowledging your dependence on God's mercy.
• 罗马书2：思考属灵归属的深度和神的灵使我们生命蜕变的力量。通过了解，转变的心比外在宗教仪式更为重要，以及承认你需要仰赖神的怜悯，来培养奉献精神。
- Romans 3: Meditate on the grace that invites us into belonging and the gratitude it evokes. Cultivate devotion by embracing the truth of justification through faith. Cultivate devotion by trusting in the redemptive work of Christ.
• 罗马书3：默想引领我们归属神的恩典，及它所唤起的感恩之心。通过接纳因信称义的真理，并通过相信基督的救赎工作来培养奉献精神。
- Romans 4: Ponder on the inheritance we have in Christ, emphasizing the richness of our belonging. Cultivate devotion by trusting in God's promises as Abraham did and embracing the faith that leads to righteousness.
• 罗马书4：思考我们在基督里所拥有的基业，强调我们归属的丰富。像亚伯拉罕一样相信神的应许，接纳因信称义，培养奉献精神。

- Romans 5: Reflect on the hope that 'belonging to Christ' brings, inspiring a life of joy and anticipation. Cultivate devotion by rejoicing in the peace, access, and hope found in justification through Christ. Also cultivate devotion by embracing the abundance of grace and righteousness available through Christ.
- 罗马书5：反思“属基督”所带来的盼望，激发我们活出喜乐和盼望。通过因基督称义而在平安中的喜乐，得着和盼望，并通过接纳因基督获得的丰富恩典和公义，培养奉献精神。
- Romans 6: Contemplate the new life we have in Christ, emphasizing the transformation that comes with belonging to Him. Cultivate devotion by living in the freedom from sin's dominion. Cultivate devotion by understanding the freedom found in serving righteousness.
- 罗马书6：思想我们在基督里的新生命，强调因属祂所带来的蜕变。远离罪恶的捆绑，通过明白侍奉公义中得自由来培养奉献精神。
- Romans 7: Consider the freedom found in belonging to God and the responsibilities that come with it. Cultivate devotion by embracing the liberty found in Christ, free from legalistic burdens. Also cultivate devotion by acknowledging your dependence on God's grace in your ongoing spiritual journey.
- 罗马书7：思考属基督的自由以及随之而来的责任。接纳在基督里得自由，摆脱律法主义的负担，承认你在属灵旅程中需持续仰赖神恩典，培养奉献精神。
- Romans 8: Explore the depth of our familial belonging in God's household, emphasizing the security it provides. Cultivate devotion by trusting in the security found in Christ and yielding to the guidance of the Holy Spirit. Embrace our identity as a child of God and rejoicing in the shared inheritance with Christ. Also cultivate finding hope and rest in the midst of trials by trusting in God's redemptive plan, resting in the security of God's love and victory over all challenges.
- 罗马书第8章：深入探讨我们在神家中的归属感，注重由此而来的安全感。通过相信 in 基督里得着的安全感并屈服于圣灵的引导，来培养奉献精神。接纳我们作为神儿女的身份，并为与基督同得基业而喜乐。培养在试炼中因相信神的救赎计划寻得盼望和平安，在神的爱中得安息，并在一切挑战中赢得胜利。

- Romans 9: Contemplate the assurance that comes from belonging to the promise of God, reflecting on His unwavering faithfulness. Cultivate devotion by trusting in God's wisdom and sovereignty, even when His ways are beyond human understanding. Also cultivate devotion by recognizing the simplicity and inclusivity of salvation through faith by embracing the mystery of God's ways and trusting in His character.
- 罗马书第9章：思想来自于归属于神应许的确据，反思祂的信实。通过相信神的智慧和至高，即使祂的道超乎人的理解，也通过接纳神的道的奥秘性并相信祂的神性，认识因信得救的单一性和包容性，来培养奉献精神。
- Romans 10: Reflect on the confession of faith that solidifies our belonging in Christ, emphasizing the personal commitment it requires. Cultivate devotion by reflecting on the accessibility of salvation through a personal relationship with Christ. Also cultivate devotion by valuing the vital role of sharing and hearing the Gospel for the salvation of souls.
- 罗马书第10章：反思口里承认就得以让我们属基督，强调它所要求的个人承诺。通过反思因与基督的个人关系获得救恩的可能性，并重视分享和聆听福音来拯救灵魂的重要性，以此来培养奉献精神。
- Romans 11: Explore the depth of our shared belonging as branches in God's grace, emphasizing the unity it brings to the body of Christ. Cultivate devotion by embracing the grace of God and acknowledging His sovereign choices. Also cultivate devotion by celebrating the inclusivity of God's plan for salvation.
- 罗马书11：深入探讨我们作为神恩典中的枝子的共同归属感，强调它带给基督的肢体的合一。通过接纳神的恩典，承认祂至高的拣选，并通过庆祝神救赎计划的包容性，来培养奉献精神。
- Romans 12: Consider the beauty of belonging to the body of Christ, appreciating the unique contributions each member brings. Reflect on the call to offer our bodies as living sacrifices, as a devotion to God. Cultivate devotion by surrendering your life to God, allowing His transformative power to work in your thoughts and actions; as well as empowering you to recognize and utilize your unique gifts for the edification of the Church. Also cultivate devotion by embodying the characteristics of genuine love, humility, and peace-making in your interactions.

- 罗马书12章：思想归属基督肢体的美好，感恩每个成员的独特贡献。反思神的呼召，将身体献上，作为活祭，作为对神的献身。通过将你的生命降服于神，让神的力量动工，使你的思想和行为蜕变；并且利用你独特的恩赐来造就教会；而且要在彼此互动中展现真爱、谦卑和缔造和平的特征，以此来培养奉献精神。
- Romans 13: Reflect on the spiritual attire of belonging in Christ, emphasizing the distinction it brings to our lives. Cultivate devotion by recognizing the importance of honouring and submitting to authorities as an expression of reverence to God.
- 罗马书13：反思属基督的属灵服饰，强调它给我们生命带来的独特性。通过认识尊重和顺服权威，是出于对神的敬畏这一重要性，培养奉献精神。
- Romans 14: Reflect on accepting one another in love by recognizing Christ's lordship over all. Cultivate devotion by embracing a spirit of unity and prioritizing love and harmony over personal preferences.
- 罗马书14章：反思通过承认基督是万有之主而在爱中彼此接纳。通过拥护团结合一的精神，将爱与和谐置于个人喜好之上，来培养奉献精神。
- Romans 15: Reflect on the call to welcome one another as Christ has welcomed us, expressing devotion through hospitality. Cultivate devotion by embodying Christ's example of selflessness and unity in your interactions. Contemplate the call to bear with the failings of the weak, expressing devotion through patience. Also cultivate devotion by deepening your commitment to prayer for the advancement of the Gospel.
- 罗马书15：反思彼此接纳的呼召，就像基督接纳我们一样，通过热情款待表达奉献。通过在彼此互动中体现基督无私的榜样表达奉献；思考要担代不坚固人的软弱的呼召，通过忍耐表达奉献。另外，进一步投入为福音兴旺而祷告，以此培养奉献精神。
- Romans 16: Reflect on the greetings, expressions of love and relationships mentioned in this chapter, emphasizing the devotion to fellow believers. Cultivate devotion by valuing and acknowledging the contributions of fellow believers in your community. Also cultivate devotion by safeguarding unity and promoting sound doctrine within your Christian community.
- 罗马书16章：反思本章提到的问候、爱的表达和关系，强调对信徒同工的奉献。通过重视和认可社区中信徒的贡献来培养奉献精神。还可以通过在基督教社区内维护合一和推广正确的教义来培养奉献精神。

Duty: In Christ We Belong

责任：我们属基督

- Romans 1: Consider your duty to share the Gospel with others based on the solid doctrinal foundation. Consider your duty to live as a reflection of God's righteousness and share this truth and the need for repentance with others.
- 罗马书 1：思考你有责任与他人分享福音，源于在磐石般的教义基础。思考自己的责任，在生活中体现神的公义，并与他人分享这一真理和悔改的必要性。
- Romans 2: Consider your duty to live authentically, allowing God to transform your heart and guide your actions. Consider your duty to treat others with humility, recognizing that all are subject to God's judgment.
- 罗马书 2：思考你有责任真实地生活，让神改变你的心，引导你的行为。思考你谦卑待人的责任，认识到所有人都要接受神的审判。
- Romans 3: Consider your duty to live confidently in the assurance of justification through faith and share this hope with others.
- 罗马书 3：思考你有责任自信地活在因信称义带来的保障中，并与他人分享这种盼望。
- Romans 4: Consider your duty to walk in faith, imitating the example of Abraham in your own journey. Encourage others to trust in God's promises and walk in faith.
- 罗马书 4：思考你有责任在信心中前行，在自己的人生旅途中效法亚伯拉罕的榜样。鼓励他人相信神的应许，凭信心前行。
- Romans 5: Consider your duty to share the transformative impact of justification with those who are seeking peace and hope. Also share the message of abundant grace and righteousness with others.
- 罗马书 5：思考你有责任去与那些寻求平安和希望的人分享，被称为义人带来的更新力量。也要与他人分享丰盛的恩典和公义的信息。

- Romans 6: Consider your duty to walk in newness of life, exemplifying the transformative power of Christ. Make a BIG decision to choose obedience and righteousness in your daily life, reflecting the transformative work of Christ.
- 罗马书 6: 思考你有责任在新新的生命中前行，以身作则地彰显基督更新的大能。做出一个重大决定，就是在你的日常生活中选择顺服和公义，反映基督更新的工作。
- Romans 7: Consider your duty to live in the freedom of Christ, sharing the message of liberation from legalism with others. Encourage others who are facing spiritual struggles, sharing verses that emphasize God's grace and the transformative power of His Spirit.
- 罗马书 7: 思考你有责任活在基督的自由中，并与他人分享从律法主义中解放出来的信息。鼓励那些面临属灵挣扎的人，分享那些强调神的恩典和圣灵的更新力量的经文。
- Romans 8: Consider your duty to live confidently in the freedom from condemnation, reflecting the transformative power of the Holy Spirit. Encourage others in their identity as children of God, sharing verses that affirm their security and inheritance. Comfort others facing challenges, sharing verses that highlight the hope of future glory and the comforting presence of the Holy Spirit.
- 罗马书 8: 思考你有责任自信地生活在免于定罪的自由中，体现圣灵更新的大能。鼓励他人作为神儿女的身份，分享那些肯定他们的安全感和继承权的经文。安慰那些面临挑战的人，分享那些强调未来荣耀的盼望和圣灵的安慰的经文。
- Romans 9: Consider your duty to respond to God's calling with faith and humility, trusting in His purpose for your life. Also consider your duty to share the message of righteousness by faith with those who might be relying on their works for acceptance.
- 罗马书 9: 思考你有责任以信心和谦卑回应神的呼召，相信祂对你生命的旨意。也思考你有责任分享因信称义的信息，特别是与那些想依靠自己的行为以便获得被接纳的人。

- Romans 10: Consider your duty to share the simplicity of salvation through confessing and believing in Jesus with others by making them disciples. Consider your duty to actively participate in spreading the Gospel, knowing that faith comes by hearing the Word.
- 罗马书10: 思考你有责任与他人分享救恩是简易的，只要通过承认和相信耶稣，悔改受洗成为门徒。思考你有责任积极参与传播福音，因为你知道信是由听道而来的。
- Romans 11: Consider your duty to appreciate God's grace in your life and extend grace to others as well. Make decision to foster unity among believers, recognizing the shared inheritance in God's promises. Also consider your duty to live in hope, actively praying for the fulfilment of God's promises and the salvation of all.
- 罗马书 11: 思考你有责任在你的生命中感激神的恩典，并将恩典也扩展到他人身上。做出决定，促进信徒之间的合一，认识神的应许中的基业是大家共同拥有的。还要思考你有责任活在盼望中，并积极祷告为要落实神的应许，以及所有的人都能得救。
- Romans 12: Consider your duty to live a life dedicated to God, continually renewing your mind in alignment with His will. Also consider your duty to appreciate and encourage the diverse gifts within your Christian community, fostering unity and growth.
- 罗马书12: 思考你有责任过一种将自己奉献给神的生活，不断更新你的心智，使之与神的旨意相一致。也要思考自己有责任欣赏和鼓励基督徒群体中多样化的恩赐，促进合一和成长。
- Romans 13: Explore the duty to put on the Lord Jesus Christ, emphasizing the responsibility to live in a manner that reflects Christ. Consider your duty to be a responsible and respectful citizen, recognizing the divine order in societal structures. Reflect on the urgency to wake from sleep and put on the armour of light, expressing devotion through a life aligned with God's truth.
- 罗马书 13: 探讨穿戴主耶稣基督的责任，强调有责任活像基督的生活方式。思考你有责任成为一个负责任、受尊重的公民，认识神圣的秩序渗透在社会结构中。反思赶紧从梦中醒来，并带上光明的兵器，通过与神真理一致的生活来表达奉献的决心。

- Romans 14: Explore the duty of not causing stumbling blocks, emphasizing the responsibility to consider the impact of our actions on others and the responsibility to prioritize the well-being of fellow believers.
- 罗马书 14: 探讨不成为他人的绊脚石的责任，强调有责任思考我们的行为对他人的影响，并且有责任优先考虑信徒的福祉。
- Romans 15: Explore the duty to build up our neighbours, emphasizing the responsibility to contribute positively to the growth and edification of others. Consider the duty to pray for the global church and advancement of the Gospel.
- 罗马书 15: 探讨建立我们的邻舍的责任，强调为他人的成长和造就做出积极贡献的责任。思考有责任为全球教会和福音的传播祷告。
- Romans 16: Consider your duty to actively appreciate and support the diverse roles of individuals within the body of Christ. Explore the duty to watch out for divisions and obstacles, recognizing the responsibility to maintain unity within the body of Christ.
- 罗马书 16: 思考你有责任积极的感激和支持每个人在基督肢体中扮演不同的角色。探讨有责任警惕各种分裂和任何障碍的出现，认识到维护基督身体合一的重要责任。

Day 39: Romans 11:11-24

- Listen to the Word: Reflect on Paul's discussion of the temporary hardening of Israel and the concept of being grafted into the olive tree.
- Investigate the Word: Investigate the symbolism of the olive tree and the implications for the inclusion of both Jews and Gentiles in God's plan.
- Fellowship in the Word: Discuss with others the unity of believers as branches in the olive tree and the shared spiritual heritage.
- Encourage with the Word: Encourage someone to appreciate the richness of God's plan for all believers, sharing verses that emphasize the unity and inclusion in Christ.

第39天：罗马书11:11-24

- 听道：反思保罗对以色列人的心暂时硬化和接到橄榄树概念的讨论。
- 查经：探究橄榄树的象征意义及对犹太人和外邦人在神的计划中被纳入的影响。
- 团契：与他人讨论信徒作为橄榄树枝的合一以及共同的属灵传承。
- 鼓励：鼓励他人欣赏神对所有信徒的丰富计划，分享强调在基督里的合一和丰富的经文。

Day 40: Romans 11:25-36

- Listen to the Word: Pay attention to Paul's revelation of the mystery of the partial hardening of Israel and the ultimate plan of God.
- Investigate the Word: Investigate the mystery of God's plan for both Jews and Gentiles in the fullness of time.
- Fellowship in the Word: Discuss with others the profound wisdom of God's plan and the anticipation of His mercy for all.
- Encourage with the Word: Encourage someone to trust in the sovereign wisdom of God's plan, sharing verses that emphasize the hope and assurance found in His mysterious ways.

第40天：罗马书11:25-36

- 听道：留意保罗对部分以色列人内心硬化和神最终计划的奥秘和启示。
- 查经：探究神在充足的时间里为犹太人和外邦人制定计划的奥秘。
- 团契：与他人讨论神计划中的深刻智慧，以及祂对所有人的怜悯。
- 鼓励：鼓励他人信靠神计划的至高智慧，分享强调在祂奥秘中找到希望和保障的经文。

Day 41: Romans 12:1-2

- Listen to the Word: Settle into a quiet time of listening to God's Word. Read Romans 12:1-2 and ponder on presenting your body as a living sacrifice.
- Investigate the Word: Dive deeper into understanding what it means to be a living sacrifice. Investigate how this transforms your mind and life.
- Fellowship in the Word: Share your reflections with a fellow believer. Discuss how being a living sacrifice impacts your daily life and mindset.
- Encourage with the Word: Encourage your friend with verses that highlight the transformative power of surrendering to God.

第 41 天：罗马书 12:1-2

- 听道：安静地聆听神的话语。阅读罗马书 12:1-2，并沉思将身体献上当作活祭。
- 查经：更深入地理解成为活祭意味着什么并探讨这如何改变你的思想和生活。
- 团契：与信徒同工分享你的感受，成为活祭是如何影响你的日常生活及思想。
- 鼓励：用注重顺服神而带来生命改变力量的经文来鼓励朋友。

Day 42: Romans 12:3-5

- Listen to the Word: Focus on verses 3-5. Listen to the call for humility and unity within the body of Christ.
- Investigate the Word: Investigate how pride can hinder unity. Reflect on the importance of seeing ourselves and others through God's perspective.
- Fellowship in the Word: Gather with friends or a small group to discuss the significance of humility and unity in the church.
- Encourage with the Word: Share words of encouragement with someone who may be struggling with humility or unity, using verses that inspire humility.

第 42 天：罗马书 12:3-5

- 听道：专注于第3-5节。倾听基督肢体内谦卑和合一的呼召。
- 查经：探究骄傲如何阻挡合一。反思从神的角度看待自己和他人的重要性。
- 团契：与朋友或小组聚会，讨论教会中谦卑和合一的重要性。
- 鼓励：用激励人谦卑的经文，鼓励可能在谦卑或合一上经历挑战的人。

Day 43: Romans 12:6-8

- Listen to the Word: Reflect on the diversity of spiritual gifts mentioned in verses 6-8.
- Investigate the Word: Investigate your own spiritual gifts. How can you use them to serve others?
- Fellowship in the Word: Engage in a conversation with fellow believers about how each person's unique gifts contribute to the body of Christ.
- Encourage with the Word: Encourage someone to embrace and utilize their spiritual gifts for the benefit of the church.

第 43 天：罗马书 12:6-8

- 听道：反思第6-8节中提到的属灵恩赐的多样性。
- 查经：探究你的属灵恩赐。你如何以此来侍奉？
- 团契：与信徒同工讨论每个人独特的恩赐，并如何贡献于基督的肢体。
- 鼓励：鼓励人接纳并利用他们的属灵恩赐来造福教会。

Day 44: Romans 12:9-13

- Listen to the Word: Pay attention to the characteristics of genuine love in verses 9-13.
- Investigate the Word: Investigate how you can practically live out love in your daily interactions.
- Fellowship in the Word: Share experiences with friends or a small group about moments when you've witnessed or experienced true Christian love.
- Encourage with the Word: Use verses on love to uplift and inspire someone who may be facing challenges in expressing love.

第 44 天：罗马书 12:9-13

- 听道：留意第9-13节中真诚的爱的特征。
- 查经：探究如何在日常生活互动中切实活出爱。
- 团契：与朋友或一小组分享你见证或经历真正的基督徒之爱的时刻。
- 鼓励：用有关爱的经文来振奋和激励那些在表达爱方面可能面临挑战的人。

Day 45: Romans 12:14-16

- Listen to the Word: Reflect on the call to bless those who persecute you and live in harmony.
- Investigate the Word: Investigate how responding with blessings and seeking harmony can impact your relationships.
- Fellowship in the Word: Discuss with others the challenges and rewards of living harmoniously, especially in difficult situations.
- Encourage with the Word: Encourage someone going through hardship by sharing verses on seeking harmony by blessing those who persecute us.

第 45 天：罗马书 12:14-16

- 听道：反思祝福那些逼迫你的人并与要彼此同心的呼召。
- 查经：探究回应祝福和寻求彼此同心如何影响你的人际关系。
- 团契：与他人讨论彼此同心的挑战和收获，尤其是在困难的境况下。
- 鼓励：分享有关彼此同心的经文，祝福那些逼迫我们的人，以此鼓励正在经历困难的人。

Day 46: Romans 13:8-10

- Listen to the Word: Focus on the command to love one another in verses 8-10.
- Investigate the Word: Investigate how genuine love fulfills the law and impacts relationships.
- Fellowship in the Word: Engage in conversations about practical ways to express love in everyday situations.
- Encourage with the Word: Encourage someone struggling with relationships by sharing verses that emphasize the transformative power of love.

第 46 天：罗马书 13:8-10

- 听道：留意于第8-10 节中关于彼此相爱的命令。
- 查经：探究真正的爱如何完全律法并影响人际关系。
- 团契：日常生活中表达爱的实际应用，实用方法情景对话。
- 鼓励：分享强调爱的力量能改变的经文来鼓励那些在人际关系中经历挣扎的人。

Day 47: Romans 13:11-14

- Listen to the Word: Reflect on the urgency to wake from sleep and put on the armour of light.
- Investigate the Word: Investigate how living in the light affects your daily choices and lifestyle.
- Fellowship in the Word: Discuss with others the practical steps to live in the light and the challenges of doing so.
- Encourage with the Word: Encourage someone to embrace a lifestyle that reflects the light of Christ.

第 47 天：罗马书 13:11-14

- 听道：反思从沉睡中醒来，并穿上光明的兵器的紧迫性。
- 查经：探究活在光中如何影响你的日常选择和生活方式。
- 团契：讨论活在光中的实际步骤及挑战。
- 鼓励：鼓励他人接受反映基督之光的生活方式。

Day 48: Romans 14:1-4

- Listen to the Word: Pay attention to the call for accepting one another in love despite differences.
- Investigate the Word: Investigate how to navigate disagreements with a spirit of acceptance and love.
- Fellowship in the Word: Share personal experiences of accepting others in love, even when opinions differ.
- Encourage with the Word: Encourage someone going through a disagreement by sharing verses on accepting one another in love.

第 48 天：罗马书 14:1-4

- 听道：留意尽管存在差异，仍要在爱中接纳彼此的呼召。
- 查经：探究如何凭着接纳和爱解决分歧。
- 团契：分享即使持有不同意见，以爱接纳他人的个人经历。
- 鼓励：分享有关在爱中接纳彼此的经文来鼓励正在经历分歧的人。

Day 49: Romans 14:5-9

- Listen to the Word: Reflect on the individual accountability before God and living and dying for the Lord.
- Investigate the Word: Investigate the significance of individual accountability in shaping our priorities.
- Fellowship in the Word: Discuss with others the impact of recognizing our accountability to God in daily decision-making.
- Encourage with the Word: Encourage someone to align their priorities with their commitment to the Lord.

第 49 天：罗马书 14:5-9

- 听道：反思自我问责，在神面前，自己是否为主而活、为主而死。
- 查经：探究在制定我们优先事项方面的个人责任的重要性。
- 团契：与他人讨论在日常决策中认识到我们对神的责任感的影响
- 鼓励：鼓励他人将优先事项与对主的承诺相结合。

Day 50: Romans 14:10-13

- Listen to the Word: Reflect on the call to avoid passing judgement on one another and causing stumbling blocks.
- Investigate the Word: Investigate how refraining from judgment and avoiding stumbling blocks contribute to a harmonious community.
- Fellowship in the Word: Share stories of times when avoiding judgment and stumbling blocks fostered unity.
- Encourage with the Word: Encourage someone struggling with judgmental thoughts or stumbling blocks by sharing verses on mutual respect and unity.

第 50 天：罗马书 14:10-13

- 听道：反思避免互相论断，绊倒他人的呼召。
- 查经：探究避免论断，绊倒他人如何有益于构建和谐群体。
- 团契：分享避免论断，绊倒他人促进合一的故事。
- 鼓励：分享有关相互尊重团结合一的经文，鼓励那些在论断或在绊倒人中挣扎的人。

Day 51: Romans 15:1-3

- Listen to the Word: Pay attention to the call to bear with the failings of the weak, following Christ's example.
- Investigate the Word: Investigate how bearing with others' weaknesses reflects Christ's love.
- Fellowship in the Word: Engage in discussions about the challenges and rewards of bearing with one another's weaknesses.
- Encourage with the Word: Encourage someone facing challenges by sharing verses on bearing with one another in love.

第51天：罗马书 15:1-3

- 听道：留意效仿基督的榜样，担代不坚固人的软弱的呼召
- 查经：探究接纳软弱者的跌倒怎样能反映基督的爱。
- 团契：讨论接纳和忍耐彼此软弱的挑战和回报。
- 鼓励：通过分享关于在爱中彼此忍耐的经文来鼓励那些面临挑战的人。

Day 52: Romans 15:4-6

- Listen to the Word: Reflect on the encouragement and hope found in Scripture and the call for unity.
- Investigate the Word: Investigate the role of Scripture in providing hope and fostering unity.
- Fellowship in the Word: Discuss with others the ways Scripture has provided encouragement and strengthened unity in your lives.
- Encourage with the Word: Encourage someone going through a difficult time by sharing verses that bring hope and emphasize the importance of unity.

第52天：罗马书 15:4-6

- 听道：反思在圣经中得到的鼓励和盼望，并响应经文里彼此合一的呼召。
- 查经：探究圣经在提供盼望和促进合一方面的作用。
- 团契：与他人讨论圣经如何在生活中给你们提供鼓励并加强合一的方式和方法。
- 鼓励：通过分享那些带来盼望并强调合一重要性的经文，鼓励那些正在经历困难的人。

Day 53: Romans 15:7-13

- Listen to the Word: Focus on the call to welcome one another as Christ has welcomed us.
- Investigate the Word: Investigate the importance of extending Christ-like welcome to others.
- Fellowship in the Word: Share personal stories of experiencing or providing Christ-like welcome.
- Encourage with the Word: Encourage someone feeling isolated by emphasizing the inclusive nature of Christ's welcome.

第53天：罗马书 15:7-13

- 听道：聚焦如何像基督一样欢迎彼此的呼召。
- 查经：探究向他人展示基督般欢迎的重要性。
- 团契：分享亲身体会或向他人提供基督式欢迎的经历。
- 鼓励：通过强调基督欢迎的包容性质，鼓励那些感到孤立的人。

Day 54: Romans 15:14-16

- Listen to the Word: Reflect on Paul's affirmation of the Roman believers' goodness and the sanctifying work of the Holy Spirit.
- Investigate the Word: Investigate the role of the Holy Spirit in sanctification and how goodness reflects His work.
- Fellowship in the Word: Discuss with others the transformative power of the Holy Spirit and how it shapes goodness in believers.
- Encourage with the Word: Encourage someone struggling with personal growth by sharing verses on the Holy Spirit's sanctifying work.

第54天：罗马书 15:14-16

- 听道：反思保罗对罗马信徒的善行以及因着圣灵成为圣洁的肯定。
- 查经：探究圣灵成为圣洁的角色以及善行如何反映神的动工。
- 团契：与他人讨论圣灵的更新力量以及圣灵如何塑造信徒中的善行。
- 鼓励：通过分享有关圣灵成为圣洁工作的经文，鼓励那些在个人成长中有困扰的人。

Day 55: Romans 15:17-21

- Listen to the Word: Focus on Paul's proclamation of Christ and his desire to preach the gospel where Christ has not been named.
- Investigate the Word: Investigate the passion behind Paul's proclamation and the call to share the gospel in unreached areas.
- Fellowship in the Word: Discuss with others the urgency and responsibility of proclaiming Christ, especially in areas where He is not known.
- Encourage with the Word: Encourage someone hesitant to share the gospel by sharing verses that highlight the transformative impact of Christ's message.

第55天：罗马书 15:17-21

- 听道：聚焦于保罗对宣告基督之名以及他在基督的名没被称过的地方传福音的渴望。
- 查经：探究保罗宣告基督之名的激情以及在未得名的地方分享福音的呼召。
- 团契：与他人讨论宣告基督之名的紧急性和责任，尤其是基督未得名的地方。
- 鼓励：通过分享强调福音强大的更新能力的经文，鼓励那些犹豫分享福音的人。

Day 56: Romans 15:22-29

- Listen to the Word: Reflect on Paul's desire to visit Rome and his commitment to preach Christ where He has not been named.
- Investigate the Word: Investigate the importance of personal commitment to spread the gospel and the impact of Paul's ministry.
- Fellowship in the Word: Share personal stories of commitment to spread the gospel and discuss the challenges and joys of such endeavours.
- Encourage with the Word: Encourage someone considering mission work by sharing verses that emphasize the significance of spreading the gospel.

第56天：罗马书 15:22-29

- 听道：反思保罗访问罗马的愿望以及他在基督未被称名的地方传道的承诺。
- 查经：探究个人致力于传播福音的重要性以及保罗事工的影响。
- 团契：分享致力于传播福音的个人故事，讨论这种努力的挑战和喜悦。
- 鼓励：通过分享强调传播福音的重要性的经文，鼓励那些考虑参与宣教工作的人。

Day 57: Romans 15:30-33

- Listen to the Word: Pay attention to Paul's request for prayer and the desire for joy and peace.
- Investigate the Word: Investigate the power of prayer and its impact on joy and peace.
- Fellowship in the Word: Discuss with others the role of prayer in bringing joy and peace to believers.
- Encourage with the Word: Encourage someone going through a challenging time by sharing verses on the comfort and strength found in prayer.

第57天：罗马书 15:30-33

- 听道：留意保罗对祷告的请求以及对喜乐和平安的渴望。
- 查经：探究祷告的力量以及它对喜乐和平安的影响。
- 团契：与他人讨论祷告在为信徒带来喜乐和平安的作用。
- 鼓励：通过分享关于在祷告中找到安慰和力量的经文，鼓励那些正在经历艰难时刻的人。

Day 58: Romans 16:1-2

- Listen to the Word: Reflect on the commendation of Phoebe and her service to the church.
- Investigate the Word: Investigate the significance of recognizing and commending individuals who faithfully serve the church.
- Fellowship in the Word: Discuss with others the impact of acknowledging and appreciating the contributions of fellow believers.
- Encourage with the Word: Encourage someone who serves faithfully in your community, sharing verses that affirm the value of their service.

第58天：罗马书 16:1-2

- 听道：反思保罗对非比姐妹的称赞以及她对教会的服务。
- 查经：探究肯定和赞扬那些忠实为教会服务的弟兄姐妹的重要性。
- 团契：与他人讨论承认和赞赏信徒贡献的影响力。
- 鼓励：通过分享肯定他们服务价值的经文，鼓励在你们教会里忠实服务的人。

Day 59: Romans 16:3-16

- Listen to the Word: Pay attention to the list of individuals Paul greets and commends for their service.
- Investigate the Word: Investigate the sense of community and collaboration among believers as reflected in Paul's greetings.
- Fellowship in the Word: Discuss with others the importance of community and the diverse roles within the body of believers.
- Encourage with the Word: Encourage someone in your community by sharing verses that highlight the beauty of diverse contributions to the church.

第59天：罗马书 16:3-16

- 听道：留意保罗的问候名单以及他对名单中各人所提供服务的称赞。
- 查经：探究保罗问候语中带出的信众“社区意识”和“合作意识”。
- 团契：与他人讨论社区的重要性以及信徒团体中多样角色的重要性。
- 鼓励：通过分享强调教会中多元贡献之美的经文，鼓励你们社区的某人。

Day 60: Romans 16:17-20

- Listen to the Word: Reflect on Paul's warning about divisive individuals and the promise of God crushing Satan.
- Investigate the Word: Investigate the importance of guarding against division within the church and trusting in God's ultimate victory.
- Fellowship in the Word: Discuss with others the challenges of maintaining unity and the reassurance found in God's power. Highlight the sense of community, collaboration, and the importance of guarding against division within the church.
- Encourage with the Word: Encourage someone to actively promote unity and trust in God's victory over divisive forces, sharing verses that emphasize both concepts.

第60天：罗马书 16:17-20

- 听道：反思保罗对制造分裂之人的警告以及神粉碎撒旦阴谋的应许。
- 查经：探究防范教会内部分裂的重要性以及信靠神最终胜利的意义。
- 团契：与他人讨论维持团结的挑战以及在神的力量中找到的安慰。强调社区意识、合作以及防范教会内部分裂的重要性。
- 鼓励：通过分享这些经文，鼓励某人积极促进合一。

Congratulations for finishing the 60 days devotional together!! Praise God!!

恭喜你们完成了为期60天的灵修！ 赞美神！！

Let's close out the last day by giving extra devotional time. Let's meditate on another passage to close out our devotion from the book of Romans.

让我们用更长的灵修结束最后一天。让我们默想罗马书的另一段经文来结束我们的罗马书的灵修

Romans 16:21-27

- Listen to the Word: Pay attention to the closing greetings and the doxology expressing praise to God.
- Investigate the Word: Investigate the significance of Paul's closing words and the overall tone of gratitude and praise.
- Fellowship in the Word: Discuss with others the importance of expressing gratitude and praise in the life of a believer and the church.
- Encourage with the Word: Conclude the devotional series by encouraging someone to cultivate a heart of gratitude and praise, sharing verses that inspire thankfulness and worship.

罗马书 16:21-27

- 听道：留意保罗的结束问候和对神的赞美和颂扬。
- 查经：探究保罗结束语的重要性以及感激和赞美的总体基调。
- 团契：与他人讨论在信徒和教会的生活中表达感激和赞美的重要性。
- 鼓励：通过分享激发感激和敬拜的经文，鼓励他人培养一颗感激和赞美的心。